

## Welcome

#### An Introduction to Applied Behavior Analysis BlueSprig Pediatrics

Presented by Christine Gibson, MS, BCBA, LBA; Clinical Market Director

Tuesday, March 30, 2021







#### **PURPOSE**

To transform the region into an inclusive community where individuals with intellectual and developmental disabilities (IDD) thrive.

#### **MISSION**

To bring stakeholders together to create an environment for the development of an efficient and accessible system of support for people with intellectual and developmental disabilities.

#### Tuesday's Caregiver Education + Noon-1 pm

- Apr. 6 The Roll of Siblings in the Support System for People with IDD
- · Apr. 13 Using Visual Supports

#### Monthly IDD Council Meeting First Thursday of Each Month, 8:30 a.m. – 10 a.m.

Apr. 1 –Legislative Updates and Progress toward ABA benefits for people
 20 and under with Medicaid

Follow us on social media for upcoming topics, events and networking opportunities











## REGISTER AT WWW.IDDCOUNCIL.ORG/FIRE







The Intellectual and Developmental Disabilities Council of Tarrant County



## Egg My House!

Fundraiser supporting The Intellectual & Developmental Disabilities Council of Tarrant County

Let us 'egg' your house

with candy and toy filled plastic eggs or surprise your neighbors and friends with some Easter fun!

Eggs will be placed in the yard the evening of your choice Friday or Saturday before Easter. Eggs can be hidden for an additional fee.

Deadline extended to April 1

PRICES:

25 Eggs for \$30

50 E99S for \$50

100 Eggs for \$75

PLACE YOUR ORDERS AT:

www.iddcouncil.org/eggs



The Intellectual and Developmental Disabilities Council of Tarrant County



## Smile.Amazon Each Day - Every Day



You shop. Amazon gives.

https://smile.amazon.com/ch/47-3999906



## Membership Driven

**Premier Partners:** 





Organizational Partners, Sponsors and individual memberships





CHANGING THE WORLD FOR CHILDREN WITH AUTISM"







All IDD Council members have access to monthly meetings, job fairs, transition fairs, and access to information and resources via our monthly newsletter, social media, and IDD Council website.

#### Annual Benefits and Privileges to Members

	ANNUAL DENEFITS AND PRIVILEGES TO WEIGHDERS			
Ī	\$5000+ (ALL BENEFITS FROM \$2500 LEVEL, PLUS ALL OF THE FOLLOWING):	\$2500+ (ALL BENEFITS FROM \$1000 LEVEL, PLUS CHOOSE 1):	\$1000+ (ALL BENEFITS FROM \$500 LEVEL, PLUS CHOOSE 2):	
	<ul> <li>Logo with link on website, ability to put our logo on their website with prior approval</li> <li>Keynote speaker at Celebrating YOU Employer Recognition luncheon OR another premier event</li> <li>Access to the benefits of the individual membership level for all families/employees affiliated with your organization</li> <li>Guest feature (e.g., ad, article, profile) in an issue of the IDD Council newsletter</li> </ul>	<ul> <li>Organization's name on IDD         Council website</li> <li>Tailored 1-hour training for your         organization's staff or         stakeholders (CEUs may be         offered for an additional fee)</li> <li>Present at a Caregiver Education         session</li> <li>Recognition in all IDD Council         publications</li> </ul>	<ul> <li>Monthly social media posts (1 image of your choice)</li> <li>Speaker spot at a monthly membership meeting</li> <li>Request of a custom topic for a Caregiver Education session; priority selection over non-member and non-custom requests</li> <li>Recognition in select IDD Council publications</li> </ul>	
Ī	\$500+ (ALL BENEFITS FROM \$250 LEVEL, PLUS CHOOSE 2):	\$250+ (ALL BENEFITS FROM \$25 LEVEL, PLUS CHOOSE 2):	\$25 Individual Member	
	<ul> <li>Banner with logo at all 4 Making         Connections Disability Resource Fairs         OR at April Cool's Day</li> <li>Organizational info table at Sensory         Santa</li> <li>Permission to distribute information         at events (e.g., in bags, or at the         doorway)</li> </ul>	<ul> <li>Organizational info table at one* of the following events: April Cool's Day, CapeAbilities Job Fair, a Caregiver Education session, OR a Making Connections event</li> <li>Choose 1 topic for a monthly Caregiver Education session from a pre-set list of topics. Priority selection over non-member requests</li> <li>* May select two organizational table events as benefit option.</li> </ul>	<ul> <li>Free training (non-CEU)</li> <li>Collaboration and networking among agencies, caregivers, and other advocates</li> <li>Recognition of membership on website and newsletter</li> <li>Access to members-only portal with a resource directory and video/audio recordings of select presentations</li> </ul>	

...additional customized benefits available a-la-carte to meet your organization's needs!

CEUs may be offered for an additional fee at individual events.

Members at all levels will receive a discount on CEUs.

https://www.iddcouncil.org/join-us



### **Christine Gibson**

MS, BCBA, LBA; Clinical Market Director, BlueSprig Pediatrics





CHANGING THE WORLD FOR CHILDREN WITH AUTISM™



## Introduction to ABA and BlueSprig

March 30, 2021



### Agenda

- 1.What is ABA?
- 2. Misconceptions and realities of a quality ABA program
- 3. Common characteristics of a quality ABA program
- 4. Who is BlueSprig?
- 5.Q & A

## What is ABA Therapy?

#### What is ABA Therapy?



#### Applied Behavior Analysis

ABA has been demonstrated as an effective treatment for treating the symptoms of Autism Spectrum Disorder (ASD).

ABA is the use of evidence-based scientific techniques and principles to achieve meaningful and positive changes in behavior and has four major characteristics:

- 1. An objective assessment of the individual and the individual's environment.
- 2. Understanding behavior(s) of the individual within their family and their community.
- 3. The use of scientific principles and methods of behavior analysis to improve the individual's independence and quality of life.
- 4. Objective and ongoing data collection and analysis to better inform clinical decision-making and treatment plans.



#### ABA: what does that even mean?!

#### **Applied**

Socially significant behavior

#### Behavior

- In need of improvement
- Measurable

#### Analysis

 Demonstrates a relationship between the environment and the behavior



#### ABA: what does that even mean?!



# Misconceptions and Realities of Quality ABA Programs



#### Misconception

ABA is not scientifically proven.



#### Reality

ABA is the most empirically proven treatment for autism.





#### Misconception

All ABA programs are the same.



#### Reality

ABA programming should always be individualized for the specific learner.





#### Misconception

ABA is comprised solely of table work/sitting or 1:1 teaching.



#### Reality

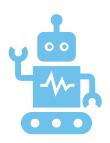
ABA has an array of teaching approaches that can be mixed and matched to fit the needs of the learner.





#### Misconception

ABA therapy promotes robotic language/behavior.



#### Reality

A focus of ABA programming is to teach functional skills that will generalize to real life situations.





#### Misconception

Anyone can direct an ABA treatment program.



#### Reality

- The current recommendations to consumers is that a Board-Certified Behavior Analyst (BCBA) manage ABA programs.
- Most insurance companies require this credential when approving ABA services.



#### Misconception

ABA does not allow children to play.



#### Reality

ABA therapy should be <u>FUN</u> and take advantage of activities that are motivating for the learner.





#### Misconception

ABA bribes children.



#### Reality

ABA utilizes reinforcement, which is not bribery.





#### Misconception

ABA rejects sensory needs.



#### Reality

ABA programs take into account the fact that unique reactions to sensory stimuli are a characteristic of autism.





#### Misconception

ABA is only for children with severe behavioral concerns.



#### Reality

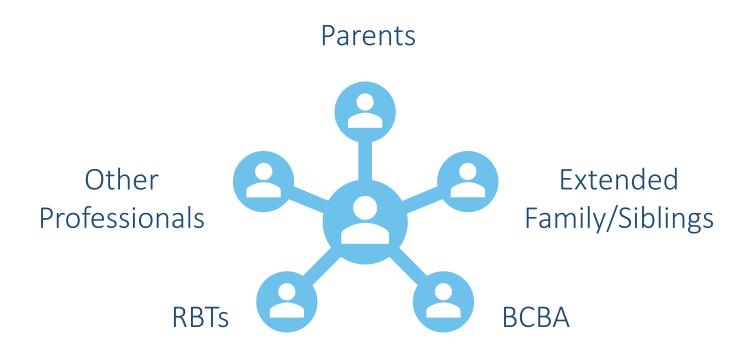
ABA is useful across any behavior and is focused on skill acquisition.



# Common Characteristics of Quality ABA Programs

#### The Therapy Team: Focus on who matters most!





#### Goals: Focus on what matters most!







#### Cultural Sensitivity: Focus on what matters most!



#### Schedule: When it matters most!





#### Location: Where it matters most!











#### Why does it matter?





Who is BlueSprig?



#### Our Mission

## CHANGING THE WORLD FOR CHILDREN WITH AUTISM TM

# Our Values

- Our playing field is level for all.
- We welcome why, and why not?
- We are **judicious**, not judgmental.
- We are compassionate and passionate.
- We embrace the rules, not the status quo.
- We are puzzle solvers on a mission.



#### We are founded on "What If?"

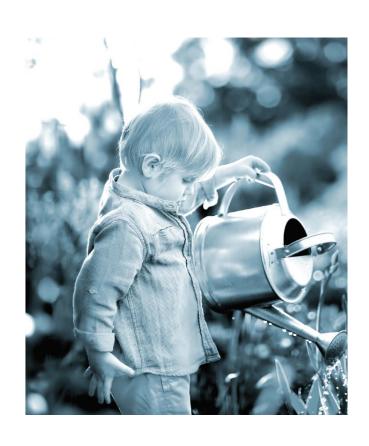


Instead of choosing, we are pursuing all three together –

that's the Blue Sprig difference.



#### What We Do



We are committed to providing the high-quality and compassionate care.

We consider all of the variables when creating treatment plans for our clients: who, what, when, and where because our clients are always the reason why.

#### Questions from the Audience



#### Thank You

bluesprigautism.com f in @bluesprigautism













## Thank you!

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